Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 23 Mar 2023 until 23:59 on Friday 24 Mar 2023

Forecast Issued on Thursday 23 Mar 2023 at 02:21 by Met Office Aberdeen

Confidence: High for showers for the coming days, also for colder conditions returning from weekend.

Headline for Thursday 23 Mar 2023: Sunny spells and showers.

Mountain weather hazards on Thursday 23 Mar 2023

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
Medium Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
No Likelihood

Strong sunlight
No Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sleet showers (night)	Sleet showers	Sunny intervals	Sunny intervals	Heavy rain showers	Heavy rain showers (night)
Precipitation probability					
70%	60%	30%	30%	60%	70%

Forecast for Thursday 23 Mar 2023

Weather: A day of showers and brighter spells. Early showers clearing to leave bright or sunny spells for much of the middle part of the day before frequent showers push in from the west during the evening, heavy at times with the risk of thunder and hail. Snow level 800-1000m.

Chance of cloud-free hill tops above 800m: 30% increasing to 70% through the morning, 40% into the evening.

Low cloud and visibility: Good becoming moderate or poor in rain showers, very poor in sleet or snow. Cloud bases quite frequently lowering 400-600m, particularly as showers swing through.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Thursday 23 Mar 2023

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	29/34 SW	30/36 SW	24/31 SW	20/25 SW	16/20 SE	17/22 SE	16/20 SE
900	26/31 SW	29/34 SW	23/30 SW	19/24 SW	15/19 SE	16/20 SE	15/19 SE
600	17/21 SW	21/26 SW	19/25 SW	16/21 SW	10/14 SE	12/16 SE	10/14 SE
300	1/19 SW	6/26 SW	8/24 SW	6/19 SW	2/12 SE	4/13 SE	3/12 SE
Glen	5/14 S	10/19 SW	10/20 SW	8/16 SW	5/11 SE	7/15 E	7/12 E

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	-1/-10	-1/-9	-1/-8	0/-6	0/-5	-0/-6	-0/-6
900	-0/-8	-0/-8	0/-7	1/-5	1/-4	0/-5	0/-5
600	2/-4	2/-4	2/-3	4/-1	4/0	3/-1	2/-1
300	2/1	5/2	5/3	7/5	6/5	5/3	4/2
Glen	5/3	7/4	8/5	9/7	8/7	7/5	7/5
Freezing Level*	800m	800m	800m	900m	1000m	1100m	1100m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Severe wind chill across higher peaks.

Forecast for Friday 24 Mar 2023
Weather: Another day of showers, these probably more frequent than Thursday, again heavy at times with the risk of hail and thunder heightened for the afternoon.

Maximum wind: South 15-20 mph easing and veering through the day.

Chance of cloud-free hill tops above 800m: 40% for any given time but limited chance of extended clear periods given the showery nature of the flow

Low cloud and visibility: Good becoming moderate or poor in showers. Cloud bases lowering 300-500m at times, particularly in and around the showers.

Temperature: **Glens:** Plus 2 Celsius increasing 10 Celsius for the afternoon
At 800m: Plus 1 Celsius
Freezing level: 1000-1200m

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